

**EUROPEAN AYURVEDA CONGRESS 2010**  
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**ANNUAL GENERAL MEETING**

We have invited three experienced vaidyas. **Dr. Raju**, who is our great expert in pulse diagnosis, **Dr. Lavekar**, a renowned expert in Dravyaguna and **Dr. Kalyan** who has gained a tremendous amount of experience dealing with current ailments in Western Europe and applying effective therapies against them. In small rotating workshop groups we will deal with three topics which are completely practically oriented:

digestive tract and metabolism, skin allergies and gynaecological disorders.

Each of the three vaidyas will discuss diseases from these three topics with us from the point of view of pulse diagnosis (Dr. Raju), herbal medicine (Dr. Lavekar), and the holistic Ayurvedic therapeutic approach (Dr. Kalyan).

**WEDNESDAY, 2 JUNE 2010**

Arrival and registration until 20:00  
Dinner 19.00 to 20.00

20.00

Welcoming address of the executive committee of the German Association for Ayurveda

Lecture 20.15

Dr. Lavekar: The classic Ayurvedic treatment of intestinal fistulas

**THURSDAY - 3 JUNE morning**

Until 10.00 Meditation and breakfast

10.00 to 11.15 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Pulse reading with Dr. Raju	Group 2 Dravyaguna with Dr. Lavekar	Group 3 Digestive tract and metabolism with Dr. Kalyan	Group 4 (health practitioners) Ayurveda - Maharishi Ayurveda, Human physiology – expression of Veda
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11.15 to 11.30 Break

11.30 to 12.45 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Dravyaguna with Dr. Lavekar	Group 2 Digestive tract and metabolism with Dr. Kalyan	Group 3 Pulse reading with Dr. Raju	Group 4 (health practitioners) Gandharva Veda music, doshas, Agni, Dhatus and Malas
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13.00 to 14.30 Lunch break

**THURSDAY - 3 JUNE afternoon**

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VORSTAND DR. MED. ULRICH BAUHOFFER DR. MED. ERNST SCHROTT DR. MED. WOLFGANG SCHACHINGER

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14.30 to 15.45 Workshop for everybody

Classic Kashayas and Arishtas (VedaSeries) and their practical application  
Dr. Barbara Grandpierre

15.45 to 16.00 Break

16.00 to 17.15 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Digestive tract and metabolism with Dr. Kalyan	Group 2 Pulse reading with Dr. Raju	Group 3 Dravyaguna with Dr. Lavekar	Group 4 (health practitioners) Vedic therapies, Ayurvedic dietetics
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17.15 to 18.30 Meditation

18.30 to 20.00 Dinner

20.15 to 22.00

Discussion and answering of questions in plenary meeting with Dr. Raju

**FRIDAY – 4 JUNE morning**

Until 10 Meditation and breakfast

10.00 to 11.15 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Pulse reading with Dr. Raju	Group 2 Dravyaguna with Dr. Lavekar	Group 3 Skin allergies with Dr. Kalyan	Group 4 (health practitioners) Pulse reading
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11.15 to 11.30 Break

11.30 to 12.45 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Dravyaguna with Dr. Lavekar	Group 2 Skin allergies with Dr. Kalyan	Group 3 Pulse reading with Dr. Raju	Group 4 (health practitioners) Phytotherapy: preparation of Ayurvedic medicinal herbs
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13.00 to 14.30 Lunch break

**FRIDAY – 4 JUNE afternoon**

14.30 to 15.45 Workshop for everybody

Classic Kashayas and Arishtas (VedaSeries) and their practical application  
Dr. Barbara Grandpierre

15.45 to 16.00 Break

16.00 to 17.15 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Skin allergies with Dr. Kalyan	Group 2 Pulse reading with Dr. Raju	Group 3 Dravyaguna with Dr. Lavekar	Group 4 (health practitioners) Effective strategies against Free Radicals
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17.15 to 18.30 Meditation

18.30 to 20.00 Dinner

20.15 to 22.00 Plenary meeting

**Prof. Dr. Herbert Pietschmann**  
**Medicine – a discipline between science and art**

### **SATURDAY – 5 JUNE morning**

Until 10 Meditation and breakfast

10 to 11.15 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Pulse reading with Dr. Raju	Group 2 Dravyaguna with Dr. Lavekar	Group 3 Gynaecological disorders with Dr. Kalyan	Group 4 (Health practitioners) Ayurvedic approach to health in digestive disorders
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11.15 to 11.30 Break

11.30 to 12.45 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Dravyaguna with Dr. Lavekar	Group 2 Gynaecological disorders with Dr. Kalyan	Group 4 (health practitioners) Ayurvedic approach to health in respiratory diseases
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13.00 to 14.30 Lunch break

### **SATURDAY – 5 JUNE afternoon**

14.30 to 15.45

Boat trip

16.00 to 17.15 Workshops in which specific disease patterns will be discussed from different angles

Group 1 Gynaecological disorders with Dr. Kalyan	Group 2 Dravyaguna with Dr. Lavekar	Group 4 (health practitioners) Ayurvedic approach to health for women + discussion
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17.15 to 18.30 Meditation

18.30 to 20.30 Gala Dinner

20.30 to 22.00

Dr. Karin Pirc

Enlightenment in Ayurveda – Statements of Ayurveda classics about the significance of higher states of consciousness as the ultimate goal of Ayurveda

**SUNDAY - 6 JUNE morning**

10.00 to 12.00

**ANNUAL GENERAL MEETING**

Chairman's welcoming address

Chairman's report

Treasurer's report

Motions for the agenda

Discussion

Discharge of the members of the board

Miscellaneous

Presentation by Lothar Heggmaier

The future of the German Association for Ayurveda

\* Departure after lunch together